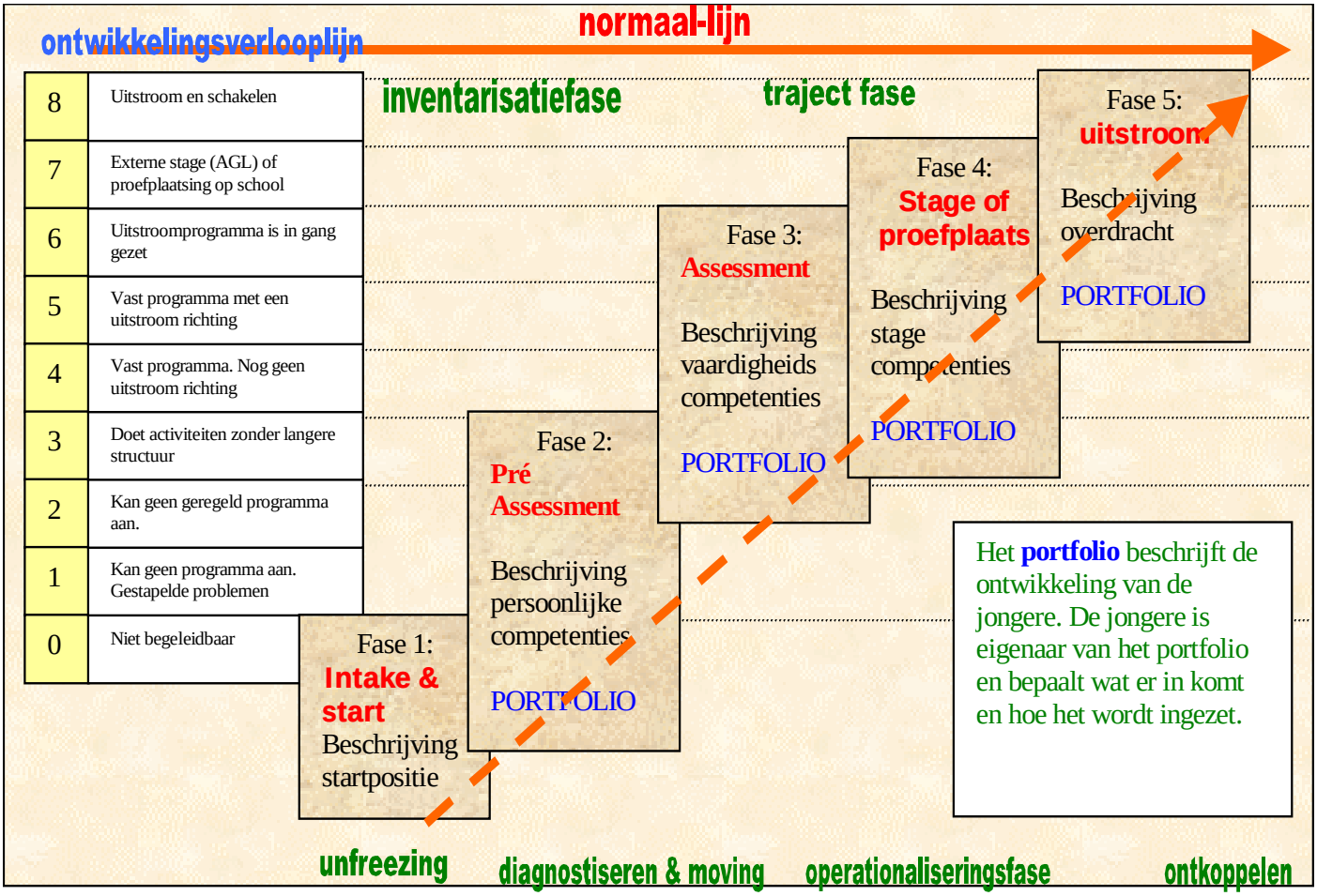De uitstroomgerichte leerroute